

Retirement Residence Move Checklist

For families moving a parent into a retirement residence or long-term care home.

Print it, stick it on the fridge, tick things off.



4-6 WEEKS BEFORE

- ☐ Get the floor plan of the new suite (or measure it on the tour)
- ☐ Place the must-keep pieces on the drawing: bed, favourite chair, dresser, TV stand. If it fits, it goes
- ☐ Ask the residence: move-in days and hours, elevator booking, certificate of insurance, parking or loading dock, key handover
- ☐ Book the mover. If the date is flexible, pick a mid-month weekday

2-3 WEEKS BEFORE

- ☐ Sort into four piles: KEEP / FAMILY / DONATE / REMOVE
- ☐ Label family pieces with the person's name and address
- ☐ Arrange donation pickup (Furniture Bank, Habitat ReStore) - check their rules and fees
- ☐ Tell the mover what is being removed so the house can be left empty in one visit
- ☐ Change of address: ServiceOntario (health card, licence), CRA / Service Canada, bank, pharmacy, Canada Post forwarding
- ☐ Confirm the elevator booking in writing

MOVING-DAY DETAILS

Move date: _____ Start time: _____

Suite number: _____ Elevator booked (time): _____

Residence contact: _____ Family point person: _____

Tip: beds and medical equipment go in first, so the room is usable the same evening.

MOVING WEEK

- ☐ Pack a first-night bag: medications, glasses, hearing-aid batteries or chargers, phone charger, documents, bedding, change of clothes. It rides in the car, not the truck
- ☐ Photograph how the TV and electronics are connected
- ☐ Empty the fridge; defrost the freezer
- ☐ Set aside family photos, jewellery and papers to carry personally
- ☐ Confirm the arrival time with the mover

MOVING DAY

- ☐ One family member is the point person at both addresses
- ☐ Walk the crew through the floor plan: what goes where
- ☐ Hospital bed, lift chair or walker set up first
- ☐ Make the bed, plug in the phone, set up the medications spot
- ☐ Final walk-through of the old home: closets, drawers, garage, mailbox

AFTER THE MOVE

- ☐ Register at the residence: dining, emergency contacts, care plan
- ☐ Leftover items removed; house left empty
- ☐ Cancel utilities, internet and home insurance at the old address
- ☐ Send the new address and phone number to family and the doctor's office

Questions about the move? Call or text 437-961-3707

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